

Attention: PGDCFT & MSCCFT Learners

FACILITATIVE GUIDELINES FOR COMPLETING PRACTICAL COURSES, INTERNSHIP & DISSERTATION FOR JUNE TEE, 2020 (During COVID-19 pandemic scenario)

For learners who have not been able to complete the practicals of various Supervised Practicum courses, Internship, and Dissertation of PGDCFT/MSCCFT; with the field work not being possible due to lockdown conditions on account of COVID-19 pandemic, given below are guidelines indicating the modified course requirements in terms of the practical activities that need to be carried out and the alternative ways of doing the same, to facilitate course completion, particularly in the context of constraints of the present times.

GUIDELINES FOR PRACTICAL COURSES OF MASTER OF SCIENCE IN COUNSELLING AND FAMILY THERAPY (MSCCFT) (FIRST YEAR), AND POST GRADUATE DIPLOMA IN COUNSELLING AND FAMILY THERAPY (PGDCFT):

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Courses:

- MCFTL-001 (2 Credits)
- MCFTL-002 (2 Credits)
- MCFTL-003 (2 Credits)
- MCFTL-004(2 Credits)
- MCFTL-005 (2 Credits)
- MCFTL-008 (2 Credits)

1. **You may do ANY THREE practicals of each of the above Supervised Practicum courses.** Each practical will carry 50 marks.
2. For choosing the respondents, first look into your home surroundings. **You may conduct the activity through face-to-face interaction (maintaining social distancing), or, given the changing times, do so through use of a digital technology/online mode or telephonic conversation.** Likewise, if required, you may observe a child/ family setting through use of technology.

GUIDELINES FOR MASTER OF SCIENCE IN COUNSELLING AND FAMILY THERAPY (MSCCFT) (SECOND YEAR): -

Courses:

- MCFTL-006 (2 Credits)
- MCFTL-007 (2 Credits)
- MCFTE-004/MCFTE-005/MCFTE-006 (4 Credits)
- MCFTP-001 (6 Credits)
- MCFTP-002 (8 Credits)

1. For 2 Credits SUPERVISED PRACTICUM COURSES
(MCFTL-006 & MCFTL-007)

You may do ANY THREE practicals of each 2-credit Supervised Practicum course.
Each practical will carry 50 marks.

For choosing the respondents, first look into your home surroundings. **You may conduct the activity through face-to-face interaction (maintaining social distancing), or, given the changing times, do so through use of a digital technology/online mode or telephonic conversation. Likewise, if required, you may observe a child/ family setting through use of technology.**

2. For 4 Credits SUPERVISED PRACTICUM COURSE (MCFTE-004/MCFTE-005/MCFTE-006)

You need to do only the following three practicals:

- i)** Write the report of an organisation working in the field. Do the review only by visiting its webpage through online mode. This report will carry 50 marks.
- ii)** On YouTube or any other online mode, view a counselling session (in the domain of the elective course) and write an analytical report of the same. Note down and include in the report exact URL of the counselling session with an individual; the type of counselling method used; the details of the case; the emotional environment in the counselling session; your critical analysis of the session; your recommendations, conclusions, and reflections. This report will carry 100 marks.
- iii)** On YouTube or any other online mode, view a family therapy session (in the domain of the elective course) and write an analytical report of the same. Note down and include in the report exact URL of the family therapy session; the type of family therapy method used; the details of the case; the emotional environment in the family therapy session; your critical analysis of the session; your recommendations, conclusions, and reflections. This report will carry 100 marks.

3. For 6 Credits INTERNSHIP COURSE (MCFTP-001)

You need to do only the following:

- i)** On YouTube or any other online mode, view TWO counselling sessions and write an analytical report of each.

Note down and include in each report exact URL of the counselling session with an individual; the type of counselling method used; the details of the

case; the emotional environment in the counselling session; your critical analysis of the session; your recommendations, conclusions, and reflections. Each report will carry 100 marks.

- ii) On YouTube or any other online mode, view TWO family therapy sessions and write an analytical report of each.

Note down and include in each report exact URL of the family therapy session; the type of family therapy method used; the details of the case; the emotional environment in the family therapy session; your critical analysis of the session; your recommendations, conclusions, and reflections. Each report will carry 100 marks.

4. For 8 Credits DISSERTATION COURSE(MCFTP-002)

For Dissertation, ONLY secondary data may be used. Please select a research topic related to counselling and family therapy, and use secondary data/ sources for finishing your dissertation. There is no need for primary data collection. Use online material available for doing review of literature and writing your dissertation.

Your Supervisor may give marks out of 100, which, as before, would carry 40% weightage. Marks given by the external evaluator will carry 40% weightage, and 20% weightage would be for *viva-voce* marks.

Thus, the evaluation process (consisting of internal and external evaluation) for all courses would remain the same as before.

Most important: PLEASE DON'T PANIC, RELAX, LOOK AFTER YOURSELF AND YOUR FAMILY IN THESE CRUCIAL TIMES. Stay safe, stay healthy.

As you are aware, IGNOU gives you four years to complete PGDCFT, and five years to complete MSCCFT. Re-admission may be taken as per IGNOU policy.

It is requested that if your registration is getting over, then do try to complete the practical courses, Internship and Dissertation and send the Files and Reports for evaluation for TEE June 2020.

WISH YOU ALL THE BEST!!!

PROGRAMME COORDINATORS(PGDCFT & MSCCFT)