



**INDIRA GANDHI NATIONAL OPEN UNIVERSITY
STUDENT REGISTRATION DIVISION
Maidan Garhi, New Delhi-110068.**

IG/SRD(R-V)/Notifn/17/
14/07/2017/812

Notification

Sub:-Launch of Post Graduate Diploma in Mental Health (PGDMH) programme

As per the approval of the Academic Council in its 51st meeting held on 09th November, 2016, it is hereby notified that the Post Graduate Diploma in Mental Health (PGDMH) programme of the School of Social Sciences (SOSS) shall be on offer in the University in ODL mode from July 2017 session through the IGNOU Common Prospectus.

The details of the Programme Coordinator are as follows:

Name of the Coordinator	Dr.Swati Patra
Contact Number	011-29572707
e-mail:	swatipatra@ignou.ac.in

The programme details of the above programme as received from the SOSS are enclosed/attached herewith for information.

Since the IGNOU Common Prospectus 2017-18 is already uploaded on the IGNOU website. The Regional Centers of Delhi-1, Jabalpur, Bhubaneswar, Guwahati, Visakhapatnam and Bhopal are requested to append the details of the programme to the prospectus as an 'add-on' information.

This issues with the approval of the competent authority.


Assistant Registrar (R-V)

Distribution:

1. Regional Centre of Delhi-1/Jabalpur, Bhubaneswar, Guwahati, Visakhapatnam, Bhopal.
2. All Schools/Head of divisions.
3. DD, VCO.
4. DIR, RSD-For compilation/updation of the list of programmes/study centres.
5. Notification file.

Information Brochure

PG Diploma in Mental Health (PGDMH)

The P.G. Diploma in Mental Health is offered by the Discipline of Psychology, School of Social Sciences (SOSS), IGNOU. The Programme aims at providing the learners a sound base in the field of mental health through an in-depth study into a broad range of psychological issues and concerns related to mental health. It is a capacity building programme to train the physical and mental health personnel to take care of the pressing and crucial need of the society to address the mental health and well-being of the people. The P.G. Diploma in Mental Health programme aims at fulfilling the mental health requirements of people keeping in mind the shortage of mental health personnel in India.

Eligibility

1. Post graduates in Psychology/ Social Work/ Nursing
2. All Medical graduates (Allopathy/ Homoeopathy/ Ayurvedic/ Unani/ Siddha)

Duration

According to IGNOU's policy of flexibility, the programme can be completed in a minimum period of 1 year and a maximum period of 4 years. Admission cycle will be once a year in July.

Medium of Instruction

The P.G. Diploma in Mental Health is available in English Medium.

Programme Fees

The Programme fees for PGDMH is Rs. 9000/-.

Credit System

The P.G. Diploma in Mental Health is of 32 credits. The learner has to successfully complete course work of 32 credits to obtain the P.G. Diploma in Mental Health. One credit is equivalent to 30 hours of study by the learner. For example, a learner will have to devote approximately 180 hours of study to complete 6 credit course.

Programme Structure

Course Code	Course Name	Credits
MPC 051	Fundamentals of Mental Health	6
MPC 052	Mental Disorders	6
MPC 053	Mental Health in Special Areas	6
MPC 054	Services for the Mentally Ill	6
MPCL 055	Practical	8
	Total Credits	32

All the Courses are compulsory. MPCL 055 (Practical) will be carried out at a Work Centre under an approved supervisor there. The learner will complete different activities as prescribed at the work centre. IGNOU will provide the work centre to the learners for completing the Practical activities.

Learner Support

Each learner admitted to this programme will be attached to a **Study Centre under the Regional Centre**. There will be contact classes at Study centre. Classes for Practical will be at the Work centre. The learners are advised to be in regular contact with their respective Study centres and interact with the Academic counselors as well as the Coordinator of the study centre for guidance and support. The facilities provided at the Study centres, normally, include the following:

- ☐ Counselling sessions in different courses relating to PGDMH
- ☐ Library facility with basic reading materials related to the Course
- ☐ Audio-Video programmes specially designed for PGDMH
- ☐ Teleconferencing and Radio Counselling (at the Regional Centres)

Instructional System

The programme adopts a multiple media approach, viz., self-instructional print materials, audio-video programmes, counseling sessions, teleconferencing and interactive radio counseling.

Evaluation

It consists of assignments and Term End Examination (TEE). The TEE is held at examination centres all over India. The TEE of MPCL 055 is held as viva at the Regional centre.